

Evesham Township Active Adult Programs Spring 2024



Evesham Township Community Affairs and Senior Services at the Gibson House 856-985-9792 www.evesham-nj.org

Contact Information

Community Affairs & Senior Services 856-985-9792 <u>www.evesham-nj.org</u>

> Senior Transportation 856-988-9866

Non-Emergency Police 856-983-1111 www.eveshampd.org

Non-Emergency Fire 856-983-2750 www.eveshamfire.org

Department of Public Works 856-983-2798

Evesham Public Library 856-983-1444

Municipal Building Main Number 856-983-2900

EVESHAM TOWNSHIP COMMUNITY AFFAIRS AND SENIOR SERVICES

The mission of the Department of Community Affairs and Senior Services is to strengthen the community and foster a sense of unity and belonging for all who live, work, and play in Evesham Township.

The Department of Community Affairs and Senior Services seeks to enhance the quality of life for the Evesham active senior adult through various programs, outreach, events, and activities.

The Department is responsible for special events, veterans affairs, disability affairs, special projects, Gibson House rentals, senior services, senior bus transportation and more.

The Department operates out of the Gibson House Community Center, 535 East Main Street.





For all non-emergency calls, please dial 856-983-1111 or visit us at the Evesham Township Municipal Building, 984 Tuckerton Road, or online at www.eveshampd.org



For all non-emergency calls, please dial 856-983-2750 or visit us at the Evesham Township Municipal Building, 984 Tuckerton Road, or online at www.eveshamfire.org

EXPLORE the Burlington County Library System at YOUR community library or online!

- ATTEND all the great programs and community events
- ACCESS tools and resources for students, teachers, job-seekers, small business owners, and more
- ENJOY our ever-expanding collection of eBooks to download
- USE public computers and wireless access at all of our locations
- And, of course, CHECK OUT all our wonderful books and DVDs



The County Library | Bordentown | Cinnaminson | EVESHAM | Maple Shade | Pemberton | Pinelands | Riverton

Evesham Township Library Municipal Building 984 Tuckerton Road, 856-983-1444 Marlton



QUILTING

Join us as we welcome Spring by creating beautiful, usable works of art for that special occasion: a baby's birth, wedding, special anniversary, use swatches of clothing for a memorial or patriotic quilt for your favorite Veteran, table runner or just for everyday use. Lots of ideas and patterns available. Sign up with a friend! Must bring own sewing machine.

Course # PHS-1 10 Weeks: Wednesdays 1:00-4:00pm Mar. 20-May 22

Fee: \$55 Location: Gibson House, Main Hall Instructor: P. Hacker Ages: 18 & up



TAI CHI

This gentle Tai Chi class is for active adults 18 and older. It is designed to improve mobility, flexibility, balance and blood flow. This ancient fighting form will focus on its healing benefits while forming a mind-to-body connection through breathing techniques. Please wear loose or work-out clothing, bring a water bottle, a smile and sign up with a friend.

Course # LDS-1 10 Weeks: Thursdays 8:00-9:00am Mar 14-May 16

Fee: \$75 Location: Gibson House, Main Hall Instructor: Sifu Lou DiLoreto



SMOOTH YOGA

Maria Lodge is a Yoga instructor & Physical Therapist who is passionate about sharing yoga! This mat-based class focuses on linking breath with controlled movement to calm the body and mind. All levels are welcome including beginners and those recovering from injury. Opportunities to try more advanced postures may be presented for those desiring a more challenging practice. Benefits of this practice include increased flexibility, muscle tone, improved balance, better breathing, mental calmness and improved sleep.

*Props are encouraged to allow safe and effective practice ~ please bring a yoga mat, blocks, yoga strap, blanket, water bottle and a smile! Sign up with a friend!

Teacher Bio @ https://www.asanawellnesspt.com

Course # MLS-1 **7 Weeks:** Tuesdays 9:30 - 10:30am April 9-May 21 **Fee:** \$56

Location: Gibson House, Main Hall

Instructor: M. Lodge, PT, RYT

Ages: 55 & up





CHAIR YOGA

Chair Yoga is a gentle practice in which postures are performed with the aid of a chair. It is a great form of yoga for beginners or anyone who wants to focus on a gentle workout without having to sit on the floor. Benefits of Chair Yoga include increased flexibility, muscle tone, improved balance, better breathing, mental calmness and improved sleep. Please bring a floor mat, towel or blanket, water bottle and your smile. Sign up with a friend! All skill levels are welcome!

Course # MLS-2 7 Weeks: Tuesdays 11:00 - 12:00pm April 9-May 21 Fee: \$56



Location: Gibson House, Main Hall Instructor: M. Lodge, PT, RYT Ages: 55 & up



STAINED GLASS

The term stained glass refers to colored glass as a material and to the artwork created from it. In this class, the Tiffany, or copper foil method of construction, is used to create lanterns, sun catchers, panels, lampshades, picture frames or trinket boxes. Tools and supplies will be provided for beginners. Class size is limited , so sign up quickly. Your work could be featured on this page!

Course # SSS-1 8 Weeks: Wednesdays 9:30 - 11:30am Apr. 3-May 22

Location: Gibson House, Lower Level Instructor: Sid Severe Fee: \$50 Ages: 55 & up





WATERCOLORS

Spring is upon us! Allow the fresh fragrance of Spring to awaken your creative senses and continue your journey toward mastering the wonderful world of watercolor painting! Embrace the newness of the world around you and paint a masterpiece worthy of any art show. Supplies needed will be discussed in first class. Sign up with a friend! Your work could be featured on this page!

Course # PRS-1 6 Weeks: Fridays 10:00am-12:00pm March 8-April 26 (NO classes 3/29 or 4/5) Fee: \$40

Location: Center for the Arts 123 N. Elmwood Road Instructor: Pat Rupnick Ages: 55 & up





The Department of Senior Services is working diligently to put together a fun filled bus trip schedule for 2024. As in the past, we will be going to the Resorts Casino monthly from February through October. Please see the flyer in this booklet.

We are looking to host a murder mystery dinner, take a ride on the River Lady Paddleboat down the Toms River, attend a show in Lancaster PA to see the show "Daniel" and end the year with a Holiday Show. As we confirm dates we will have flyers with information available at the Gibson House and on our website.



All are invited to meet with local vets for casual conversation over coffee and other light refreshments!

HELD THE SECOND FRIDAY OF EACH MONTH 535 E. MAIN ST. AT THE GIBSON HOUSE 12 P.M. TO 2 P.M

Short Shakespeare:



A Midsummer Night's Dream



Join us at the Burlington County Library to experience A Midsummer Night's Dream, presented by <u>The Shakespeare Theatre of New Jersey</u>. Watch one of Shakespeare's most popular plays. You will be transported to the woods outside Athens, where you'll feel like you're right there along with the Lovers, Mechanicals, and Fairies!

Please note:

- There will be 250 seats available in the auditorium.
- Seating is on a first come, first served basis.
- This event will be free and open to the public.

Sunday, 4/21/2024

2:00 pm - 3:30 pm (Early dinner to follow at a local eatery)

Location: Burlington County Library (Westampton)

Bus transportation will be provided by Evesham Township via the Transit Van only, so no lift will be available. Pick-ups will start at 11:30 a.m., seating is extremely limited so please call the Gibson House (856-985-9792) to reserve a seat or you may drive yourself.



Senior Citizen Advisory Committee

The Evesham Township Senior Citizen Advisory Committee helps support and grow the township's programs and offerings related to the physical, emotional and economic health of Evesham's senior residents.

The group works with the township's Division of Community Affairs, Seniors, Veterans & Disability Services to give feedback and offer new ideas for services the township can offer Evesham's senior population. Meetings are held at 1:30pm on the 3rd Thursday of every other month at the Gibson House Community Center, 535 E. Main Street.

All are welcome to attend. For more information, please contact the committee at 856-985-9792.

The 2024 meeting dates are: 1/18, 3/21, 5/16, 7/18, 9/19, 11/21

MARLTON SENIOR CITIZENS CLUB

The Marlton Senior Citizens Club meets at 10:30am on the 1st & 3rd Thursday of each month at the Gibson House Community Center, 535 E Main Street. The club is open to any senior looking to engage with other seniors. Make new friends, play bingo, learn what senior activities and trips are being offered and give the club a try!

For information contact Club President, Raymond Rembellas 516-729-3014







The GIBBY LOUNGE on the lower level

The Gibson House is open Monday through Friday, 8am-4pm. All seniors 55+, are welcome to participate and join us for games, activities, crafts and fun! For information contact the Community Affairs and Senior Services Department at 856-985-9792 or visit the following website to see a list of some of the programs we have to offer.

https://evesham-nj.org/community-affairs-pages/300 -senior-citizen-club-2







The GIBSON HOUSE

The Gibson House Community Center is a popular centerpiece in Evesham Township and is the perfect place to host your next event! With 50 x 50 sq. ft., the full room of the Gibson House can comfortably seat 125 people "party style". The Gibson House is located at 535 E. Main Street, Marlton. Our renters choose to host their banquets, birthday parties, graduation celebrations, showers, wedding receptions, and much more here! Tables and chairs are provided along with access to a full kitchen and use of the attached veranda overlooking the Indian Spring Golf Course.

For more information call the Gibson House at (856) 985-9792.



SENIOR TRANSPORTATION

Evesham Township is pleased to continue to provide FREE transport within the borders of Evesham to its residents 55+ and the disabled (**not to be confused with medical transport**). Our transport operates Monday through Friday 9 a.m. to 1 p.m. For information and to schedule transportation, please contact the Transportation office at (856) 988-9866.







<u>Evesham Township</u> <u>Atlantic City Casino Bus Trips</u>

<u>Tuesday trips back by popular demand!</u> (except where noted)

Feb 27th, March 12th, April 10^{th(WED)}, May 28th, June 25th, July 23rd, Aug 27th, Sept 24th, Oct 22nd

INCLUDES:

⇒*Resorts* Bonus: \$20.00 Free slot play!

Sound-trip Motor Coach Transportation vio JC Tours

(Gratuity for Driver is NOT included)

No price increase! Still \$35.00 per person!



ltinerary:

9:00am Depart from The Gibson House Community Center 535 E. Main Street, Marlton NJ 08053

4:00pm Depart from casino 5:00pm Approximate arrival at the Gibson House





Please fill out the registration form and submit along with your payment.

ALL passengers must have a Gov't PHOTO ID to receive package & be over age 21 for casino trips.

<u>Evesham Township</u> <u>Atlantic City Casino Trip Registration Form</u>

TRIP DATE:		
TRIP DESTINATION: Resorts Casino, Atlantic City NJ		
Name:		·····
Address:		
City:	State:	Zip Code:
Phone #:	hone #: (Cell or Home)	
Email Address:		
Please make checks payable to: EVESHAM TOWNSHIP Mail form and payment to: EVESHAM TOWNSHIP - Dept. of Senior Services 984 TUCKERTON ROAD, MARLTON, NJ 08053		
Or pay in person at the Gibson House <u>before</u> the trip: Cash, check or credit card		
Credit Card #		
Exp date:CVV #:		
Sponsored by the: Department of Community Affairs & Senior Services Gibson House Community Center 535 E. Main Street, Marlton NJ 08053 Call Karen for more info at (856) 985-9792 or Email at <u>marateak@evesham-nj.gov</u>		
FOR OFFICE USE		
		redit Card
Total paid: D	ate Received:	

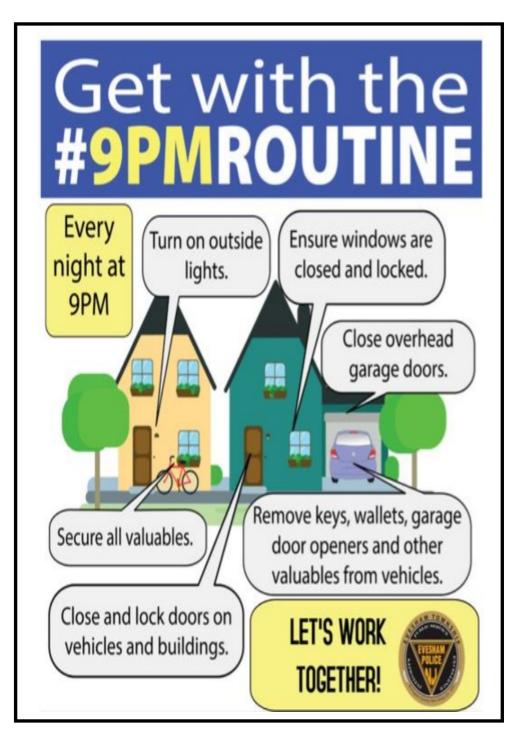
Veterans Memorials



Evesham Township proudly pays tribute to all our American Veterans who have served in the Armed Forces and protected the United States. The township is proud to have created a Veterans Memorial Wall to honor those who have worn the uniform of the United States Military and who have served honorably in the United States Armed Forces. There is also a commemorative walkway which leads to the outdoor Veterans Memorial located at the circular entrance of the township municipal building and is dedicated to past and present Veterans of Evesham Township.



For information on the Veterans Memorial Wall plaques or the Veterans Walkway engraved bricks, please contact the Department of Community Affairs and Veterans Services at 856-985-9792.





SHRED YOUR CONFIDENTIAL FILES

****Evesham Township Residents only****

Sunday, May 5, 2024

8AM-12PM* (Rain or Shine)

*End time may be affected if full capacity is reached

Evesham's Municipal Services Complex

100 Sharp Road, Marlton, NJ

(Household material only, sorry no businesses/commercial may participate)

Suggested material: Confidential files such as bank and credit card statements, tax returns, papers with account numbers or social security numbers, for onsite destruction. You may also bring paper that you have shredded at home to this event for recycling. The county no longer picks up shredded paper curbside.

Please NO circulars, junk mail, catalogs or magazines-these are not confidential documents. No binders, plastic folders, computer disks or plastic credit cards.

LIMIT 4 medium size Bags OR Boxes Per Household

If you have any questions, please email: PublicWorks@evesham-nj.gov



PROGRAM REGISTRATION INFORMATION

Programs begin and continue for the weeks indicated in course description. The fee is for the length of the course, not individual sessions. If a class is postponed or cancelled due to weather or other unforeseen circumstances, the instructor will add the missed class (or classes) at the end of the regular session. All programs take place at the Gibson House unless otherwise noted. Cash, credit card or check made payable to: Evesham Township, are all accepted.

Registration forms are available at the Gibson House or online at www.evesham-nj.org and look under the Community Affairs listing, then click on the Senior Programs tab and follow instructions to online registration.

For more information please call the office of Community Affairs & Senior Services Department at 856-985-9792.





